



Mr Bim Sandhu
Chief Executive
The Sandhu Charitable Foundation
Santon House,
53-55 Uxbridge Road, Ealing
London, W5 5SA

28th April 2020

Dear Mr Sandhu,

Thank you very much for your donation of £12,500. The support of the Trustees of The Sandhu Charitable Foundation is much appreciated by everyone here at Carers UK and Carers Scotland. Your donation will help us make life better for carers across the UK.

With support from charitable trusts, such as yours, we are taking one step closer to achieving our vision: a world where all carers are respected and recognised for the huge contribution they make to our families and communities. Because we are all likely to need or provide care one day, the issues that affect carers are also the issues that affect us all.

For many carers who have reached their breaking point and desperately need guidance and support, our services are a vital source of specialist information for them to access.

“Thank you so much for your detailed reply. I was very touched by how much time you took to write, despite being busy, in an age when everyone is rushing and 'going through the motions', and of expertise being considered a bad thing. Your advice is very welcome and I will look carefully at all the links and make sure we are on the right track. I have read and explained what you wrote to Mum who says to thank you from her too ... With gratitude from us both.” – A carer who called our Helpline earlier this year

As the coronavirus pandemic continues to affect us all, many carers are anxious and struggling with the social distancing measures in place. In our recently released report, *Caring behind closed doors: Forgotten families in the coronavirus outbreak*, 87% of carers have told us they are worried about what will happen to the people they care for if they have to self-isolate or become ill. Such is the level of uncertainty and anxiety amongst carers now, our Helpline has seen a 60% increase in calls from carers across the UK seeking our support.

Together, we will help carers get the right information and support they need, so no one has to care alone. Once again: thank you from everybody at Carers UK and Carers Scotland for your support, especially in such difficult times for everybody. Please pass on our thanks to all the Trustees of The Sandhu Charitable Foundation for thinking of us.

I will write back to you in 12 months' time to report on the positive difference your donation will have made to carers across the UK. If you require further information about our work, please let me know.

With many thanks again for your support

Yours sincerely,



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