

## Progress report for the Sandhu Charitable Foundation 2013



### ANNE FRANK SCHOOLS PROGRAMME

In 2013, **28,827 young people have participated in our schools education programmes** across London, the North West, North East, Yorkshire and Humberside, East of England and Scotland. In addition, **we have trained 1,336 peer educators and created 655 new Anne Frank Ambassadors**, an achievement the Trust is extremely proud of. Through peer-education, inclusive teaching and learning and a focus on the powerful story of Anne Frank, we challenge prejudice, promote responsibility and respect for others and prevent a move towards hate-related offending and anti-social behaviour.

In each school we work in, schoolchildren visit our Anne Frank exhibition and participate in workshops exploring issues such as identity, diversity and human rights. A group of around 12 pupils are trained as exhibition guides, who take their peers, school teachers and visitors around the exhibition. At the end of the project everyone from the school is invited to a closing ceremony, in which whenever possible young people can hear a Holocaust survivor talk firsthand about their experiences.

A key objective for the Trust over the past two years has been to put a robust impact assessment programme in place for all of our education work. Throughout 2012/2013 we developed and piloted a rigorous evaluation system across Scotland, which is now the blueprint for all of the Anne Frank Trust's education programmes across five regions of England. This defines the ultimate and intermediary outcomes our schools education and Ambassadors programme aims to achieve.

The ultimate outcome sought by our schools programme is to reduce hate-related & other anti-social behaviour and to increase positive, responsible and pro-social behaviour among young people aged 10-18 years in the UK. In order to achieve this ultimate outcome, the project seeks to achieve the following three intermediate outcomes:

- Young people going through our Ambassadors programme on average assessed their knowledge level (of Anne Frank's life and diary, the Holocaust, prejudice, discrimination and stereotyping, an understanding of their dangers; increase empathy for people experiencing inequality and injustice.) at 5 out of 10 in the pre-programme evaluation. After going through our programme, this rose to an average of 9 out of 10.
- Results shows participants on average assessed their skills level (critical thinking, communication, empathy, respect, confidence, teamwork) at 7.5 out of 10 in the pre-intervention evaluation. After participating in our programme, this rose to an average of 9 out of 10.
- The programme also aims to make young people more socially active, by increasing young people's transferable skills (for example, teamwork, communication, interpersonal, presentation, literacy); providing opportunities for taking on more roles and responsibility; and increasing their self-confidence. 100% of our Ambassadors surveyed have been inspired to taken on new roles and responsibilities.

There are countless examples of where our programmes have made a real difference; not just to the young people taking part, but across the schools in which we are working.

*“Anne’s story shows you that one hurtful thing can lead to so much more. Just saying something to other people can lead to violence and horrible things and it’s taught me to think about what I’m doing before I actually do it and think about what I’m saying to other people.”* - **Shannon, 13, Drummond Community High School, Scotland**

*“I have started to consider how things I say may affect other people. I understand more that individual people have different identities. I’m also more aware and proud of my own identity. I know things about myself that can cause conflict but that can also help to solve conflict”* – **Daniel, 14, Heaton Manor School, Newcastle**

*“I ran for Head Boy because of the confidence I gained. I also ran for Young Mayor of Newham and, though I didn’t get it, I felt that the confidence I gained helped me in my campaign and also, now I am in the Newham Youth Council, it has helped me when I go out and talk to members of the public.”*- **Ferdie, 14, Forest Gate School, London**

*“The very successful schools project which you led in our school last year benefited not only the Ambassadors but indeed the whole school. It enriched many curricular areas and brought a much appreciated richness to the education and development of our students. Kingsford Community School is particularly in need of this because of its unique and unprecedented experience of the tragic loss of students to knife crime in 2007. This makes it essential for our school to engage in sustainable education programmes aimed at eradicating all forms of prejudice, discrimination and bigotry, and empowering our pupils against the challenges they face as a consequence of their socio-economic circumstances.”* - **Joan Deslandes, Head Teacher, Kingsford Community School, Newham, London**

*“Langdon School is a highly diverse school with ethnic representation from all around the world. We are for many of our students their primary place of acculturation. It is where the values of tolerance and social justice are experienced for many for the first time. It is where our new immigrant communities learned how to be a community in a new country. As a school we understand the importance of the role we play in making sure that our students become successful and fully integrated members of modern Britain. The Anne Frank Trust has been an integral part of these ambitions for many years. We learn the lessons that history can teach us, we learn that failure to embrace these ideals can have terrible consequences. Our students understand this and Anne Frank has played a major role in shaping the mutual respect and tolerance that must be a part of all our expectations.”*

**-Bennet Spong, Head of Learning KS4, Langdon School, East Ham, London**

## **ANNE FRANK AMBASSADORS**

After our schools programme has finished, guides can apply to become Anne Frank Ambassadors. Our Anne Frank Ambassadors are the pinnacle of our education work and embody our aim as a Trust to create active, responsible young people who are a positive force in their own communities. **In 2013, we have trained 655 young people from across England and Scotland as Anne Frank Ambassadors.**

The Ambassadors programme creates engaged, educated, pro-active young people whose learning and development is deepened through running workshops on prejudice and discrimination in local primary schools, and through taking a leading role at our major month-long community exhibitions, promoting positive action and cohesion. Ambassadors guide visitors around the *Anne Frank + You* flagship exhibition, working together to create education resources and run events at the festival.

To see some of our Ambassadors in action please click on the link to our 2013 Ambassadors film here: <http://vimeo.com/57877752#at=0> and our Anne Frank Ambassadors page on our newly launched website here: <http://www.annefrank.org.uk/what-we-do/schools-project/ambassadors-programme>

The programme continues to have an incredible impact on the young people trained. Self-assessment of Ambassadors has shown that the programme has helped them to develop their confidence and a wide range of personal skills. In a survey of 130 school children conducted by the City of Bradford Metropolitan District Council, Department of Children's Services, 35% of children stated they were more confident about talking about controversial issues as a result of having been an Anne Frank Ambassador.

*"Even though I was nervous at first when I had to do workshops but as the sessions rolled by I started refining my skills and found my own way and style in delivering the sessions. I became comfortable in my own skin and my self esteem and confidence reached new heights."* - **Thomas, Year 8 student, Appleton Academy, Bradford**

*"I've become much confident in public speaking, so I'd really like to get involved in other teaching activities, or perhaps debating. I feel like I have gained a background and been able to put it into practice. The Ambassadors programme has let me get the scary bit out of the way and now I feel I can take on new things. If something else like this came up, I'd definitely say yes whereas before I would probably say no."* - **Emily, Year 9 student, Frances Bardsley Academy for Girls, Essex**

*"One of the things that has particularly impressed me is the Anne Frank Ambassadors and how positive and confident they became in showing people around the exhibition, introducing the work of the Anne Frank Trust, and how they can then give something back with their skills."* - **Rob Jones, former Hackney Police Borough Commander and current Newham Police Borough Commander**

## ANNE FRANK PRISON PROJECT

Our established programme with adult offenders has continued to be a success.

**Between January 2013 and December 2013 we worked in 9 English prisons (and one community event led by prisoners) educating over 2,000 adult prisoners and young offenders** through our Anne Frank Prison Project. In four out of the nine prisons we worked in, we worked with at least 50% of the institution population.

Name of prison	Region	Start date	End date	Total number of participants
HMP Bronzefield	Surrey	21/01/2013	08/02/2013	204
HMP Thameside	London	11/02/2013	22/02/2013	386
HMYOI Warren Hill	Suffolk	03/06/2013	14/06/2013	56
HMP Winchester	Winchester	10/07/2013	19/07/2013	360
HMP Brixton	London	05/08/2013	16/08/2013	110
HMP Belmarsh	London	20/10/2013	24/10/2013	260
HMYOI Feltham	London	04/11/2013	07/11/2013	200
HMP Hewell	Worcestershire	11/11/2013	15/11/2013	260
HMP Hewell Grange	Worcestershire	18/11/2013	22/11/2013	105
Redditch Library	Worcestershire	25/11/2013	29/11/2013	150

As with our schools education programmes, the starting point for all participants is our exhibition; Anne Frank: A History for Today, which incorporates panels specially designed for use in prisons and young offenders institutions. The exhibition explores Anne's story and the history of the Holocaust and promotes the exploration of historical and contemporary issues of prejudice and discrimination. A group of prisoners are trained as peer educators to present the exhibition. We deliver workshops to enhance knowledge of the Holocaust and related subjects; a creative writing and self-exploration workshop 'Moving Words', delivered by spoken word poet Leah Thorne, and an interactive debate around Human rights issues called 'Free 2 Choose'. In almost every case we are able to arrange a talk from a Holocaust survivor with a Q&A session.

Our programme helps to support rehabilitation and resettlement of prisoners by challenging negative attitudes associated with racism, hate crime and gang culture, encouraging empathy and promoting more positive social attitudes and behaviour. It also

aims develops leadership and communication skills, by giving offenders the responsibility for presenting the exhibition to other prisoners, staff and visitors, and helping them to become positive role models among their peers. It encourages a sense of responsibility amongst participants towards themselves and society which will hopefully contribute to the reduction of reoffending.

*"This project is the most constructive thing I have done throughout my whole sentence. I've learned about events and people I'd never heard of. I've met Eva Schloss [survivor] which was a real eye opener and a part of my life I will never forget. Meeting her and learning about Anne makes me feel confident enough to challenge the others here in prison if they are being racist, and also people on the street when I get out."*

**Ava, prisoner, HMP Bronzefield**

In each prison, every participant is given a post-event questionnaire in order to assess increases in knowledge and understanding about Anne Frank, the Holocaust and issues of prejudice and discrimination, and changes in attitudes and beliefs. At selected prisons we conduct in-depth evaluations, running focus groups and interviews to find out the impact of the programme on both prisoners taking part and on the wider prison environment.

In 2012 we ran a consultation with seven prisons with which we have worked over the last two years. Prison governors and education staff interviewed commented that the Anne Frank prison project:

- Is "vital" for educating about prejudice and discrimination and changing prisoners' attitudes
- Has really engaged prisoners, including those who would be excluded from similar projects
- Is an important tool for reducing reoffending – strengthening the range of measures the institutes offer to change attitudes, thinking and behaviour; from vocational training through to diversity education
- Helps prisons meet their duties under the 2010 Equalities Act, fostering good relations and understanding across the entire prison population
- Has continued to have an impact beyond its completion – with many prisoners, particularly those trained as guides, engaging with other activities run in the prison afterwards.

All governors and staff contacted as part of the consultation said they have recommended our project to other prisons and would invite us back again; HMP Altcourse, for example, promoted our project to other CJS institutes through the Yorkshire and Humberside Learning and Skills Council meetings.